**MEDIA RELEASE**

[Date]

Title Suggestions

**[[Local town] Unites to Fork Cancer!]**

**[I’m Joining the Fight to Fork Cancer!]**

**[I’m Helping to #forkcancer by Hosting a Longest Table]**

Did you know that in the time it takes for you have dinner with friends, 61 Australians will be diagnosed with a form of cancer?

This alarming statistic needs to change and this is why I am joining the fight for all Australians by hosting a Longest Table.

The Longest Table is the annual cancer fundraiser by South Australian charity The Hospital Research Foundation (THRF). It involves hosting a dinner with friends while raising funds towards cancer research.

[Insert detail about your event e.g. when/where/how many people/what you event will include e.g. raffles/silent auction]

[Event organiser quote: add a couple of sentences on why you are hosting a Longest Table e.g. personal connection, you can also include if you’ve hosted a Longest Table before]

THRF’s Chief Executive Paul Flynn says The Longest Table is an exciting fundraiser for the charity, bringing different communities together to fight a disease that devastates too many Australians and their families.

“Since its inception seven years ago, The Longest Table has raised an incredible $909,000 towards cancer research – an incredible effort from our dedicated hosts over the years,” Mr Flynn said.

“Funds raised through The Longest Table enable us to support world-leading medical research to find cures and improve treatments for some of the most heartbreaking forms of cancer. The funds raised, thanks to the support of [your name], will save lives.”

**-Ends-**

**For more information, please contact:**

NAME  
PHONE NUMBER